



五邑司徒浩中學

F.D.B.W.A. Szeto Ho Secondary School

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JULY
2020

Think, Speak, Listen: What people fear, we do for fun

It has been a fruitful year for the English Debating Team in 2019 and the students had a wonderful time competing outside of school. We have reached a wide number of participants in our team this year and have raised a lot of interest in the English Language as a whole. Thanks to the overwhelming support of all the teachers involved who have put in a lot of time and effort into training students to prepare for their debates. With debates coming to an end, we are thankful for the experiences and learning we've gained and welcome the next chapter ahead.



Debating Team with Coaches and Adjudicator



Ella Li (2A) - Second Speaker



Manfred Kwok (2A)
Third Speaker



FDBWA Szeto Ho Secondary School vs
St Stephen's Church College



Harry Tsui (2C) - First Speaker

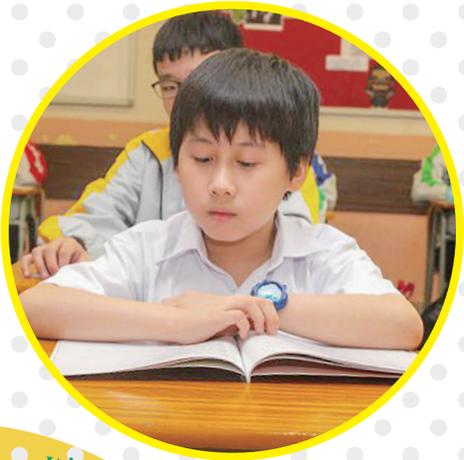
Our students performed exceptionally well in their first experience of debating especially competing against students who were native speakers of English in St Stephen's Church College. The motion was "THBT co-education at secondary school level is a good idea". The students raised a variety of good ideas during training and were able to deliver their ideas fluently during the debate.



Hello From Me, Too

To encourage students to read more books in English, our school has participated in "Hello From Me, Too", a reading programme developed by the English Alliance in Term 1, 2019/2020.

All F.1 and F.2 students participating in this dedicated English reading programme receive their own copy of a storybook tailor-made for the programme. An experienced teacher from Australia, Mr. Mackey, came and conducted some fun-packed workshops, in which students read an illustrated storybook that compares Hong Kong culture and English culture, like Cheung Chau Bun Festival versus England's Pancake Day, or Dim Sum versus a full English breakfast. A guided group discussion follows in which they express their views and exchange ideas with native English-speaking tutors and peers, together with some of the interesting activities in the book being carried out in lessons to let students have a first-hand experience of foreign culture.



It is a unique experience to read English story books in a different way.



Reading English books can be fun.



Students are taught with the essential vocabulary which can better prepare them for the discussion.



A F.1 student is having much fun with the Pancake Race.



Students are highly engaged in the reading workshop.



His face can tell how much he enjoys the activity.

Fun Ways to Learn English

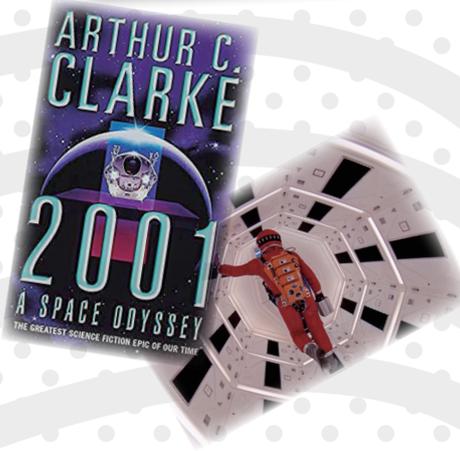
Ms. Cheung Wing Sze

Learning English with Netflix

Are you all busy with online assignments and video classes amid suspension of school over the pandemic? If you want to keep learning, Netflix is the perfect platform for you to improve English at your fingertips. With Netflix, you can enjoy an extensive library of award-winning movies, TV shows, documentaries, and more. Choose a short TV show or sitcom with English subtitles if you are beginner or low intermediate-level learner. It is a great way to experience real-life English and pick up new vocabulary.



For intermediate or advanced learners, you can probably choose a movie that you would love to watch. Turn the subtitles off if you think you can follow the dialogues closely. It might seem ridiculous to imitate the speech of the actors, but it is definitely the best way to learn a language fast and fluently. Keep a vocabulary notebook handy while watching the movie if you are keen to learn English more effectively. Binge-watching is NOT always bad! It can also be a healthy habit as long as it is a good use of your time.



Fun to Read

Mr. Lau Chi Wai

2001: A Space Odyssey is a science fiction novel written by Arthur C. Clarke in 1968. It is now a classic. The story is about humans' exploration of the universe. It describes a lot about a mission to Saturn. The explorers' spacecraft is controlled by HAL 9000, an artificially intelligent smart computer. It is cognitively active! It may even pose a threat to humans. The book is worth reading because you can learn many words which can benefit your writing. In addition, the story is so interesting and imaginative that your creativity will be improved. A deep and meaningful conversation can be initiated in your family after reading this classic.

The Power of a 6-minute Podcast

Ms. Tsui Wan Yin

You could never imagine how interesting yet effective it is to learn and practise useful English language with the BBC podcast called 6 Minute English. This is an educational resource easily accessible for all students, available on both mobile devices and desktop computers.

The podcast helps students to develop not only listening skills but also pronunciation in British accent and grammar knowledge. Through listening to conversations covering everyday situations, for example, "Why Does Seeing Someone Yawn Make You Yawn", "Mental Health in the Workplace", "Shocking Facts about Electricity", students would never feel bored building new vocabulary from a great variety of interesting topics with transcripts and the function of auto repeat playback.

Podcast



BBC LEARNING ENGLISH

TALK ABOUT GENERATION Z



Learning English in our daily lives

Mr. Tsang Wai Ching

One day, I visited a coffee shop in Kwun Tong hoping to enjoy the solitude of reading. On the drink menu, what captured my attention was a short text titled 'Tea or coffee?' I was amazed how it added a sensational touch to the menu and made it unlike other ordinary ones.

English is around us if we pay attention. I understand some of you may feel bored with the passages in textbooks. If that is the case for you, I strongly suggest you try to approach English in your daily lives. Sometimes you may even be amazed!





Learning English Through Watching a Movie

Mr. Chan Chi Keung

Darkest Hour is a 2017 war film directed by Joe Wright. It is an account of Winston Churchill's early days as the prime minister who refused to make a peace treaty with Hitler during the Second World War.

As Viscount Halifax, the Foreign Secretary in the film has commented, "He (Churchill) mobilized the English language and sent it into battle.", I would like to focus on the language aspect of this film through which a student can see the beauty of the English language and learn it well.

In the film, one can easily find famous quotes of Winston Churchill, all of which are concrete proofs that language is a weapon. In his address to the Parliament members, he made the famous speech: "We shall not flag nor fail..." What Churchill wanted to say is the British would not raise a white flag to surrender and neither would they fail. Saying this, he made the whole nation fight to the end of the war.

The playwright Anthony McCarten has contributed to the success of this film with his pen too. The lines he wrote for Churchill's wife are beautifully symmetrical in structure but paradoxical in meaning. Take a look at the following quotations:

"You have the full weight of the world on your shoulders. You are wise because you have doubts. You are strong because you are imperfect."

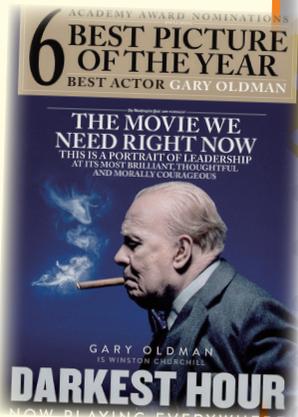
In the film, there are examples of idioms which a student can learn to brush up their English.

On receiving the King's call, Churchill said to his attendant, "I believe I have just received a royal rap on the knuckles." "A rap on the knuckles" is an idiom to give a formal disapproval to someone's action.

The utterances in the film are full of imagery too. For example, when Churchill chatted with the King casually, he asked the majesty, "But why get rid of the organ grinder and replace him with the monkey?" Here he wanted to question why the King wanted to replace Chamberlain, the former prime minister with him. Obviously, Churchill did not want to be a monkey controlled by his predecessor, the organ grinder. In another example, when Churchill warned the War Cabinet members not to draw a peace treaty with Hitler, he made a comparison: "You cannot reason with a tiger when your head is in its mouth!" So once the listeners form a picture in their minds, they won't make such a risky decision. We as the audience feel the power of language!



So next time when you watch a film, you can pay attention to the language used and improve your English accordingly. There are many ways to brush up your English, and learning English through films is one of my favourites!



Be Proactive!

Ms. Wong Hoi Ki

To acquire better English, it's important to immerse yourself in English every day. Surround yourself with English at home, and you'll learn English even faster. So how can you create an English-rich environment in your everyday lives?



(1) Watch TV programmes and movies in English

It can help you improve various English skills. When you watch a movie, for example, you practise listening to words and phrases in context. The visual elements provide clues that help you understand unfamiliar vocabulary and expressions. As your vocabulary increases and you get more exposure to native speech, you can level up your own verbal abilities, too.



(2) Start with your devices

It's time to change your phone and your social media account languages to English. Doing so will keep the language always in front of you, and it's a good way to learn some new words.

Every day is a chance to learn! Be an active learner -- "Learning is more effective when it is an active rather than a passive process"



電子學習平台



中文科及綜合科學科——Oxford iSolution

同學可利用由牛津大學出版社提供的iSolution電子學習平台學習中文及綜合科學。

中文科方面，iSolution設有「網上評估」及「啟思愛閱讀網絡」兩部分，當中包含閱讀、寫作及聆聽等不同種類的中文練習，練習定期更新，並提供「即時評分及核對答案」功能，操作簡易，方便同學課餘自學。中一至中六級的同学均可使用老師提供的個人用戶資料登入這學習平台，進一步提升中文水平。

iSolution同時也設有綜合科學科自學平台，包括「互動課堂活動」及「電子評估練習」。同學可預習、重溫學習重點、觀看實驗影片，及進行虛擬考察。同學於課堂學習後，可運用iSolution進行電子評估練習，鞏固所學。老師也可透過平台的評估分析工具，瞭解同學學習進度，掌握同學強、弱項，作針對性的教學調適。



數學科——五邑司徒浩中學 電子協作平台

本校數學科是其中一個較早運用學校「電子協作平台」的科目，運用「翻轉教學」策略提升教學效能。因應本學年部分時間停課，各數學老師分工為各級各課題拍攝教學短片上載到此平台，好讓同學在家自學時，能「一站式」找到不同課題的工作紙、參考文件、相關短片、老師指派的額外家課等資料，方便、輕鬆地學習。



英文科——TED Talk

大家有否聽過TED Talk？

T指Technology

E指Education

D指Design

TED Talk是一個非牟利組織，旨在傳播新思想、新理念。TED Talk有很多精彩的英語演講，同學可以挑選自己感興趣的題材收看。所有視頻配上字幕，部份設有中文字幕，頁面更有演講原稿，同學可邊聽邊對照學習。

值得一提的是全部影片長約17分鐘，大家每天花少許時間便可有效學習英語，是個優秀的學習資料庫。



經濟科——經士柏 EconsPark 「翻轉經濟教室」動畫短片計劃

「翻轉經濟教室」動畫短片計劃由優質教育基金(QEF)資助，香港中文大學製作，短片涵蓋中學經濟課程的所有課題（包括中文版本及英文版本），共有約200條動畫短片陸續上載到網上平台，可供同學免費使用。同學不妨在老師教授相關課題前進行網上預習，這有助大家吸收課堂知識啊！



通識科——香港電台「通識網」

香港電台「通識網」是個良好的通識科電子學習平台，內容包括：老師分享、概念講解、教材匯集、學習活動、影片筆記及通識專題介紹，其中「影片筆記」和「通識專題」最值得推薦。在「影片筆記」中，同學可透過短片瞭解某些課題，網頁並附有重點分析和深入探討的材料，幫助同學學習；至於「通識專題」部份，同學可深入研究不同議題，各議題均附有延伸學習資料，內容豐富。



健康小貼士

活力生活由此起

疫症期間要保持健康，我們應更重視恆常運動。如果曾進行體能活動，但並非恆常地進行，便有必要根據各自的興趣、時間、技巧、健康狀況或體質，制定可行的體能活動計劃：

1. 選擇喜歡並適合自己生活模式和體適能水平的活動，並循序漸進地培養運動的習慣。
 2. 訂立可達到的目標，開始時你可以把步行目標定在第一星期走3次、每次15分鐘。
當目標能輕鬆達成時，則可嘗試走長些時間、多走幾次，以及增加劇烈程度。
 3. 張貼提示，例如在家裏張貼標誌或海報以提醒自己進行體能活動。
 4. 達成目標時，給予自己和家人小獎勵。
 5. 以日誌記錄自己所進行的活動之類型和時間，定下未來一個星期或一個月所要達成的目標。
 6. 要吃得好好和睡得夠，這些都是體能活動所需能量的基礎。
2. 要有「後備」計劃，彈性處理各種不可預測的事情。例如在下雨天、天氣太熱或雷暴時，於附近的空調商場內快步行、在健身室做運動、在家裏踏健身單車或跟着錄影帶做運動。

盼望各位家長及同學在不久的將來都可感受到體能活動所帶來的益處和樂趣。



資料來源：衛生署《更有活力的生活模式》
https://www.change4health.gov.hk/tc/physical_activity/facts/more_active/index.html

獲獎消息

獎項	獲獎者
青苗學界進步獎 (2018-19)	2A 何俊旻 2C 周敏潼 2C 彭浚軒 2C 徐梓銘 3A 何柳翠 3A 李文澤 3C 卓永輝 3C 甄津蝶 4A 郭惟添 4B 黃智朗 4C 葉皓言 4D 黃銘軒 5A 麥喜兒 5B 陳錦源 5C 劉詠欣 5D 梁倩伊 6A 袁紫晴 6B 夏鈞賢 6C 黃啟耀 6D 黃耀培
香港社會服務聯會 2020 明日之星上游獎學金	5A 梁永康 5A 麥喜兒
帶 TEEN 童路「禮貌·品格·責任」 標語創作大賽 2019 (中學組) 亞軍	3C 郭懿漩
中國文化基金會 「疫情中的正能量」創作比賽 紀念獎	4A 李焯彤
「華夏盃」全國數學奧林匹克 邀請賽 2020 (香港賽區) 初賽 一等獎 二等獎 三等獎	2C 歐雪怡 1A 羅錦軒 1B 黃佳欣 2C 彭浚軒 3A 陳思賢 3A 葉恒昌 3C 甄津蝶 2C 容文浩 3B 鄭朗軒
香港仔坊會「分享愛·情繫三代」 全港原子筆中文書法比賽 入圍獎	1C 郭麗明 4A 何嘉怡 6A 黃宇賢 6B 李泳儀 6B 羅婧琳 6C 譚凱琳
香港浸會大學文學副學士 (媒體傳播) 成績優異獎 (2019-20)	校友張智傑 (2018-19 畢業生)



家長教師會活動預告

時間	活動項目	活動內容
1 2020年8月	中一迎新日家長全接觸	介紹家教會資料及活動
2 2020年10月	中六畢業生多元出路簡介會	讓家長認識高中課程與大專收生之關係及瞭解收生的要求