

# 五邑司徒浩中學

F.D.B.W.A. SZETO HO SECONDARY SCHOOL

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2021

## An interview with Mr. Chan

Mr. Chan, our vice-principal, is going to retire later this year. He has devoted his entire career to teaching English, caring students and contributing to school administration.

**Q: Hi, Mr. Chan. I know you have worked in Szeto Ho Secondary School for many years. When did you join our school?**

A: I joined Szeto Ho after my graduation from the Chinese University of Hong Kong in 1985.



Picture 1: Mr. Chan using a wired microphone in 1985

**Q: Wow, it was such a long time ago. Szeto Ho at that time must have been very different from our school now. Can you tell us about some differences?**

A: Sure, the first difference that pops up in my mind is that we did not use wireless microphones in those days. Take a look at **Picture 1**. You can see me lecturing my 5A students in 1985. I could not walk freely when I was using the microphone. To some extent, that affected my teaching as I could not walk to my students' desks and check whether they could follow my instructions or not.

**Q: That is an interesting difference. Are there any more differences you want to share with us?**

A: My memory at that time is a bit blurry. Another striking difference is that the classrooms were not air-conditioned and neither was the staff room. I lived in Yau Tong Estate at that time. I walked back home to have lunch prepared by my dear mum. I still cherish this happy recollection in my memory. After lunch, I walked back to the school to conduct the afternoon lessons. Every time I reached the school, my shirt was all wet!

**Q: Oh, Mr. Chan. You're a walking history book of Szeto Ho. Can you share any other interesting information with us?**

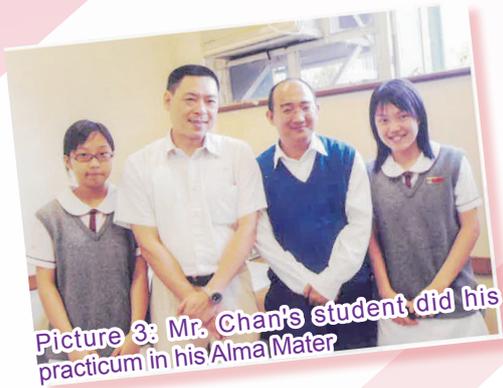
A: Well, look at **Picture 2**. This is a picture I took with the students I taught in the first year here. When do you think I took this picture?

**Q: Well, the picture must have been taken in the transitional period from winter uniform to summer uniform.**

A: Bingo. Do you notice that the overcoats worn by the students were crimson in colour? They were very different from the black jackets our students are wearing now. However, there is one thing that remains unchanged throughout all these years. As you can see, I have felt a strong teacher-student rapport ever since I joined this school.



Picture 2: Mr. Chan and his class when he started his first year



Picture 3: Mr. Chan's student did his practicum in his Alma Mater

**Q: Oh, I see. Here is another picture. What is the significance of this picture?**

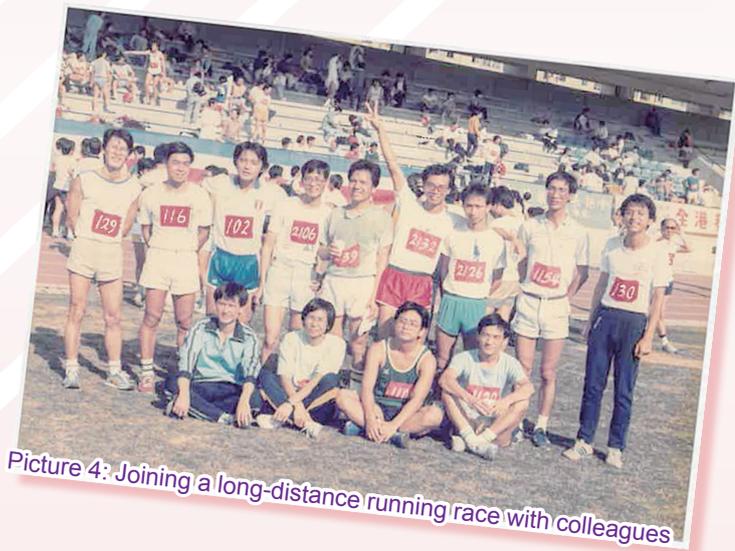
A: **Picture 3** is a very precious picture I treasure very much. The man to my left was a student whom I taught in the first year. He studied Education and did his teaching practicum here!

**Q: Well, Mr. Chan. Have you ever felt bored working at the same place for 36 years?**

A: For most people, the answer may be 'Yes'. However, I don't share such a feeling. To me, this is my first job and my last job, too! I love teaching here as I find the students are teachable. I have had lots of space to develop myself as a professional teacher here.

**Q: So that is what makes you stay in Szeto Ho for so long, right?**

A: Yes, there are many reasons. Besides the students, the relationship with my colleagues is worth mentioning. **Pictures 4 and 5** were taken in the early years I worked here. The first one was taken before we joined an open long-distance running competition. The latter one is a group photo taken before we played football in Tai Hang Tung football field. "Senior" teachers often organised some sporting activities for green teachers like me. We worked as partners and played like 'brothers'. Those were the good old days!



Picture 4: Joining a long-distance running race with colleagues



Picture 5: Playing football with other teachers in Tai Hang Tung Football Field

**Q: What about the last picture you want to share with us?**

A: It was taken when the Tsing Ma Bridge was first opened for the Standard Chartered Hong Kong Marathon. The bridge had not been opened for traffic yet and it was a brand-new experience for us to run on this landmark bridge of Hong Kong. All these pictures are recollections of my happy memories in Szeto Ho which I will never forget even after my retirement!

**Q: Mr. Chan. Thanks for your sharing!**

A: You're welcome!



Picture 6: Taking part in the Standard Chartered Hong Kong Marathon on Tsing Ma Bridge

# Speech is

*Stepping into its second year, the debating team has expanded and now consisting of a junior team and a senior team, with a total of 15 debaters. It is a year not only full of challenges but also fruitful*

*and exciting. During the times of the COVID-19 pandemic, debates and training are done online via Zoom and Google Meet. Despite the difficulties, the team's enthusiasm in debating and learning English has never diminished.*

## Yang Wan Yi (F.4A)

Taking part in debating has given me the opportunity to communicate intellectually with students of another school in English and helped me step out of my comfort zone. As a first-time debater, I felt excited but anxious. After my first debate, I have learnt a lot. First, we need more statistics and examples to support our arguments, just like writing articles and essays. Second, we should start our preparation earlier, so we can practise the delivery of speech. Third, we need to listen to the opposing team carefully and try to rebut spontaneously. Last but not least, we shouldn't be affected by our emotions.

I am inspired to make more effort to practise English speaking from now on. I would attempt to speak more English in my daily life.



Yang Wan Yi is the Senior Captain of Debating Team

## Wong Tsz Fung, Prince (F.4A)

Joining the debating team and having the first interschool competition have enriched my experience in English speaking.

As the third speaker, I have learnt that time management, which is the crux of winning and losing, is vital. Besides, the debating competition has made me realise the importance of team spirit. Beforehand, we need to have a good division of labour to get adequate preparation of the motion, such as researching and organising our arguments. Also, during the debate, we need to work in close collaboration in order to give rebuttals to the opposing team.

After having a debating competition, I think I am more active in learning English. This not only changes my attitude towards learning English, but also allows me to appreciate the joy of it. Now, I am more active and more confident in speaking.

## Zhen Jindie (F.4A)

I have learnt that I should have deeper understanding of the motion and look for more information to support my arguments and make them more powerful. Also, I should spend more time on writing and practising the script, making sure I can speak fluently. I can see a huge discrepancy in the proficiency of English between the debaters from other schools and me. Therefore, I want to pay extra effort in studying English and hope it could be boosted in the future.

## RTHK 'The Speaker 2021'

This year, two students, from Form 5 and Form 6, participated in 'The Speaker 2021' and shared their insights about 'home' on RTHK Radio 2. In their speeches, they discussed from different perspectives the concept of an ideal home. Chan Ka Him from 6A inspired listeners to explore what made a good home, while Leung Chun Kan from 5B made a strong appeal to everyone to cherish planet Earth.

# Power

## Tsui Tsz Ming, Harry (F.3A)

I used to be very afraid of English. Every time I see a lot of unfamiliar words, I feel very helpless and overwhelmed. I never thought I would join the English debate team. I joined the team maybe out of curiosity, or just to challenge myself. At first, I was very scared that I would say something wrong. However, I gradually realized that actually there is nothing to be afraid of. During the rounds of debates, I can find the charm of English even more. When I really try to debate, English becomes part of my body. It makes me really want to learn more English, not because it is a school subject but for my enthusiasm in the language. Debating not only improves my English proficiency, but also reminds me that I can overcome the fear of unfamiliar things and learn something along the way. I am very thankful to be part of the team.



Tsui Tsz Ming preparing for the coming debate

## Lam Tsz Ni, Lea (F.3C)

During the researching stage, I discovered many things that I didn't know before. For example, I read articles about the biggest city in the world, the disadvantages of megacities, and acquired lots of related vocabulary. I really have learnt a lot during this debate! Though it is demanding, I think debating is an exciting, meaningful and exhausting activity. After all, I have learnt the meaning of 'no pain, no gain'.

This experience has inspired me to be aware of current affairs and think critically about the pros and cons of them. In addition, debating has changed me a lot. After this debate, I think I am braver, and my attitude towards English has changed too. Now, I think that reading English magazines is not as terrible as I thought.



Leung Chun Kan recording their speeches in RTHK

## Public Speaking Contest

Both students were thrilled to record their speeches in an RTHK studio and have a tour in the RTHK radio station. Their speeches, along with those of participants from other schools, were later aired on RTHK radio 2. To both participants, it was definitely an eye-opening experience.



Mr. Lau Chun Wing accompanying both Chan and Leung

# 活動花絮

## 窮則變，變則通 延伸學習活動——

## JA學生營商體驗計劃

JA學生營商體驗計劃CEO  
5C 葉皓言



在疫情影響下，成員最終能順利開會討論創業大計

### 計劃簡介

本計劃目標是為了讓青少年學習創業之道。成員在本港企業公司老闆和行政人員指導下，能瞭解整個創業流程，包括成立公司、籌集資金、設計產品、規劃業務發展及生產，以至公司清盤等。同學透過學習企業營運，能探索個人的發展方向。



利用激光打印設備將公司標誌印製於商品上

### 籌備

俗語說：「萬事起頭難」，公司建立初期要面對種種挑戰。由於同學沒有創業經驗，成員間欠缺默契，加上不熟悉會議流程及網上會議等原因，以致討論不太活躍。其後我在會議前以表單形式收集成員意見，並且與相關組員舉行「事前會議」，讓成員更自由表達看法，結果加快了進度。「事前會議」讓成員建立互信及熟習流程，在大家努力構思和激烈討論下，各部門的管理者均能發揮專長及勇於提問，終於順利確定了公司的名稱、基礎理念及產品等。

### 銷售

由於疫情持續，今年JA計劃把過往現場展銷會改成網上舉行。此項變動對我們影響尤大，最擔心的當然是銷售情況。過往展銷所運用的模式與手法亦因此變動，關鍵問題包括「如何吸引顧客？」、「如何向校內師生宣傳？」、「怎樣安



CEO領導成員進行網上銷售

排人手？」等等。為了確保公司得到一定關注，我們不得不變陣。除了善用校內展板作宣傳，我們還在社交媒體推廣產品，其他成員則用通訊軟件與顧客溝通及交易。這次變動雖然沒有了現場展銷會的熱鬧，但卻讓我們體會到網絡時代銷售的特別之處。



善用校內壁報板吸引同學，宣傳活動

### 檢討

透過這次活動，成員不但瞭解到商業周期的變化、團隊合作的重要、因應特殊營商環境的對應策略及資訊科技為營商帶來的便利等等。從活動中，我們學會了課本以外的知識，例如協調團隊成員、主持會議、粉墨登場宣傳商品以及分配人手，這些經驗都讓大家獲益良多。就個人而言，在主持會議方面，我仍有很大進步空間呢！相信這次活動是我們日後事業一個起步點，為未來打下基礎。



網上開LIVE推廣



成員努力趕製產品

## 其他活動

### 「國家憲法日」展覽

6C 江創曦

自1978年改革開放後，中國在不同方面都有突飛猛進的發展。在學校「國家憲法日」的展板上，我瞭解到同學透過展板增進對國家的瞭解。國家在科技發展上的進步；中國的排球隊、體操隊等更在奧運會上取得佳績，令我也認識到國家在不同領域的努力和成就。雖然國家在經濟、科技、國際地位上都有很大的提升和進步，但在某些方面仍需作出改善，如人民質素。期望國家在不同方面均能繼續努力向前！



### 賽馬會「奧翔」計劃講座

3C 林芷妮

這個講座使我獲益良多。講座前，我對體育課的各項測試完全不瞭解，不知道裏面包含甚麼測試元素，只把它當作一個考試或運動。經過這個講座，我明白到這些測試的意義了，例如九分鐘跑步測試考耐力、坐地前伸測試考柔軟度、踢毬測試考反應力等等，令我日後更投入體育課。



同學在講座上踴躍回答問題，得到嘉許

### 電影與文學

5A 夏洁瑩

這次活動生動有趣。在這次閱讀課中，我們觀看了一些電影片段，電影有趣的劇情使同學哄堂大笑，大家都不用只看小說文字。看完電影後，我們閱讀了與電影對應的小說原著選段，有趣的電影使我們對文章更感興趣。



師生共同投入電影世界，觀察人物角色的行為表現

### 中華文化體驗

#### ——非物質文化遺產工作坊

4A 楊韻怡

在製作鯉魚造型麵粉玩偶的過程中，師傅只用一雙手把麵粉造成的黏土「搓圓捏扁」、一把刻刀劃出斑紋、一瓶白膠漿粘貼玩偶的身體各部份，便令魚兒栩栩如生了。然而，我們親手嘗試時，才知道是那樣考功夫呢！我們發揮創意，為鯉魚梳妝打扮，為它加上耳機、鬍子和帽子，帶來十足的趣味和滿足感！可見文化的多樣性、可塑性和價值，文化是靈活多變的。我明白到決定傳統工藝的去留，不止取決於工藝的價值，更視乎於我們能否展現它的價值。社會不斷進步，難道源遠流長的華夏文化不可與時俱進，再賦予第二生命得以流傳後世嗎？



同學作品



導師悉心教授手藝，薪火相傳

# 獲獎消息

項目	獎項	獲獎者
香港測量師學會 「賞·惜·舊築跡」創作比賽	參加證書	5A 夏浩瑩、5A 陳家淇、5A 甄海飛 5A 張芷瑩、5B 楊永德、5B 張詩淇
夫子盃教育發展信託基金 第五屆夫子盃演講比賽（粵語初中組）	優異獎	2D 劉耀明、3A 張心如
香港學校音樂及朗誦協會 第七十二屆香港學校朗誦節男子散文獨誦（粵語）	季軍	3C 陳家俊
善愿會全港中學生「認識中風」比賽	優異獎	3A 鄭欣彤
賽馬會「三代·家添愛」計劃「寫意·存情」 全港原子筆中文書法比賽	入圍獎	6D 李偉雄
香港警務處及香港課外活動主任協會 網「樂」安全比賽2020-21	學校參與大獎 （第七名）	五邑司徒浩中學
香港浸會大學國際學院校長榮譽榜[GPA 3.5或以上] 文學副學士（媒體傳播）	榮登校長榮譽榜	張智傑（2018-19畢業生）
香港浸會大學國際學院校長榮譽榜[GPA 3.5或以上] 文學副學士（傳理學）	榮登校長榮譽榜	何綽茹（2019-20畢業生）

## 獲獎感受

香港學校音樂及朗誦協會  
第七十二屆香港學校朗誦節男子散文獨誦（粵語）季軍得主  
3C 陳家俊

近日得悉獲得粵語朗誦季軍，我實在受寵若驚。一年來，我們深受疫情困擾，同樣這次朗誦節比賽也不能照常舉行。但是，幸而還能拍攝影片參賽，令我反而有了更寶貴的朗誦體驗。面對冷冰冰的攝錄機，我還多了幾分緊張，嘗試了數次才能順利完成拍攝。這次經歷令我體會到原來拍攝影片也不比現場朗誦來得輕鬆，有利我日後面對不同情況也能從容應付。



陳家俊專心閱讀朗誦材料

善愿會全港中學生「認識中風」比賽優異獎得主

3A 鄭欣彤

我參加這個比賽的原因是希望藉此瞭解更多有關中風的知識，從而瞭解父親的身體狀況，幫助他調整生活習慣。我本來沒有想過會獲獎，今次意外獲獎，心裏還是挺愉快的。



鄭欣彤查看善愿會網頁，瞭解比賽詳情

## 家長教師會活動預告

舉行月份	活動項目	活動內容
2021年8月	中一迎新日家長全接觸	介紹家長教師會資料及活動
2021年10月	中六畢業生多元出路簡介會	讓家長認識高中課程與大專收生之關係及瞭解收生的要求